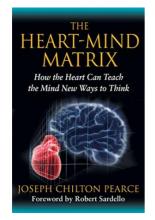
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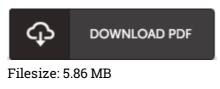
THE HEART-MIND MATRIX: HOW THE HEART CAN TEACH THE MIND NEW WAYS TO THINK



Inner Traditions Bear and Company. Paperback. Book Condition: new. BRAND NEW, The Heart-Mind Matrix: How the Heart Can Teach the Mind New Ways to Think, Joseph Chilton Pearce, Robert Sardello, *Shows how the heart is connected to our prefrontal cortex and offers a balancing counterweight to the calculating intellect of the lower brain*Explains how we are stuck in reactive behaviour loops resulting from the loss of the nurturing culture of our ancestors*Reveals how the Heart-Mind Matrix connects us to the...

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