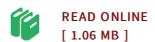




Muscle Energy Techniques: With Acce WWW.Chaitowmuscleenergytechniqu (Mixed media product)

By-

Elsevier Health Sciences, United Kingdom, 2013. Mixed media product. Boo New. 4th Revised edition. 244 x 188 mm. Language: English . Brand New Bc edition of this popular paperback continues to present the scientific basis a of Muscle Energy Techniques (METs), a widely recognized and effective app treatment of certain categories of musculoskeletal dysfunction. The intern renowned author team - under the guidance of Leon Chaitow - present the in the treatment of whole muscle problems, local dysfunction and joint res variety of patient settings. Examples include the use of MET methodology i treatment of a wide range of acute and chronic pain conditions, the preve management of trauma and repetitive strain injuries in athletes, and its su incorporation into physiotherapy, chiropractic, osteopathic and massage environments. The book clearly presents the latest research findings under methodology and guides the reader in the effective application of METs in treatment and rehabilitative settings via the use of clearly written text, abu diagrams, photographs and educational film clips on an associated websit published for the first time in full colour, this volume will be ideal for...



Reviews

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